

**MOTHER OF HOPE
CAMEROON
(MOHCAM)
ANNUAL REPORT
2022**



BUILDING HOPE AND CHANGING LIVES



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SECTION 1

INTRODUCTION

Mother of Hope Cameroon (MOHCAM) is a non profit organization which promotes human rights, peace and security, advance gender equality and advocates for the sexual and reproductive health rights of youths and women in schools, prisons and community. MOHCAM equally fight against all forms of abuse faced by women and youths and economically empowers survivors.



WHO WE ARE

MOHCAM is a humanitarian , non governmental community based organization that has been existing since 2010 . MOHCAM is vigorously working in building sustainable communities for the development of a better Society for all.



OUR VISION

To Give Hope to the Hopeless and
Propagate a Culture of Peace and Justice



MISSION

**Building a Violence Free
World for Women and
Youths.**



OUR VALUES

- ▶ Dignity
- ▶ Creativity
- ▶ Education
- ▶ Volunteerism



OBJECTIVES

- ▶ Dedicated to educate, empower and transform women and youths at risk
- ▶ Lobby and advocate for human rights on social justice
- ▶ Fight against hunger and poverty
- ▶ Promote peace and sustainable development
- ▶ Provision of psycho-social counseling



Pillars of Intervention

- ▶ **Human Rights:** Human Rights prevention, monitoring and promotion, gender Based Violence, child marriage, gender equality, Sexual violence and Intimate partners violence.
- ▶ **Peace and Security:** Peace-building and conflict prevention, Countering violence extremism, women advocacy and capacity building as community mediators, implementation of UN Resolution 1325 and 2250
- ▶ **Education:** Rights to education, Girl child education, peace education and educational stakeholder strengthening.
- ▶ **Health:** Provision of primary healthcare, awareness raising, Water, Hygiene, and Sanitation (WASH) and health stakeholder strengthening. MOHCAM's main core focus issues are Menstruation and Body rights, HIV, Adolescent Sexual Reproductive Health Rights, Malaria, Cholera and COVID-19.

SECTION 2

ACTIVITIES OF 2022



HUMAN RIGHTS

Combating Human Trafficking

- ▶ MOHCAM participated in a US Embassy pivoted workshop on September 8, 2022 with theme ``Resilience and Psycho-social support for Human Right Defenders and Humanitarian Actors``.
- ▶ MOHCAM facilitated a training session of 100 young IDPs participants building their capacity to strengthen their protection and combat human trafficking.
- ▶ The participants gained knowledge on the rights of IDPs and laws of human trafficking





Gender Based Violence (GBV)

Gender based violence is one of the core operational areas of MOHCAM and we work to bring relief and hope to survivors, do referrals and provide psychosocial support to victims within our areas of intervention. Under the umbrella of GBV, MOHCAM have been able to implement the following activities within 2022.



GENDER BASED VIOLENCE SCHOOL SENSITIZATION

- ▶ MOHCAM carried out a sensitization campaign at GTHS Bamenda Nkwen on June 7, 2022 focusing on the theme “ Together lets stop violence targeting adolescent girls and boys in schools. This activity was to amplify the voices of adolescent boys in preventing Gender Based Violence, promote a common understanding of gender equality as the boys engage in building concert actions for the prevention of negative masculinity and social norms.



INTERNATIONAL DAY OF THE GIRL CHILD

- In commemoration of the international day of the girl child, MOHCAM celebrated with over 95 vulnerable adolescent girls and young women affected by the crisis by holding a celebration and mentoring session where awareness was raised on issues affecting the girls and young women such as Gender Inequality, GBV, Sexual Abuse, Rape, Teenage pregnancies, Low self esteem and early marriages.
- MOHCAM raised awareness on issues affecting young girls and women such as gender inequality, girls sexual reproductive health rights, GBV, and forms of GBV, self development.
- MOHCAM distributed over 50 dignitary kits and books to over 50 girls and young women
- The girls were also given highlight lessons on leadership and the importance of education.
- Participants also had a story telling session, where they shared experiences on issues affecting them as girls they were drilled on strategies to overcome the said challenges.





COMMEMORATION OF THE 16 DAYS OF ACTIVISM

- ▶ This year, MOHCAM with other civil society organizations in the Northwest Region in collaboration with UNFPA came together to commemorate the 16 days of activism against women under the theme; “Unite! Activism to end violence against women and girls”
- ▶ In the closing ceremony of the 16 days on December 10, 2022, the UN agencies especially OCHA and UNFPA urged CSOs to put in more effort in the work they do
- ▶ MOHCAM also carried out school sensitization on human rights gender based violence and sexual reproductive health rights with students of GBHS Bamenda to commemorate the 16 days of Activism against Gender based violence.
- ▶ MOHCAM also joined the Women’s Peace Builders Network (WOPEN) to carry out radio sensitizations on gender based violence, its effects in the community and how it contributes in the process of violence and non tolerance

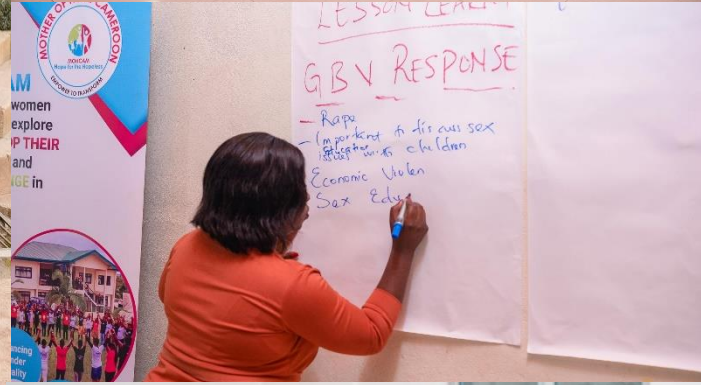




GBV RESPONSE MECHANISMS WITHIN IDP AND HOST COMMUNITIES.

- ▶ MOHCAM in collaboration with Media Women in Gender and Development (MEWGED) carried out a gender based violence (GBV) awareness raising and sensitization workshop on October 18, 2022, aimed at;
- ▶ Sensitizing community members on GBV prevention and response on the various forms of GBV affecting Internally Displaced Persons (IDP) and host communities.
- ▶ The workshop which had 30 community focal persons in attendance, raised awareness in the following areas;
- ▶ The importance of GBV referrals within the community and at home.
- ▶ The need for survivors to speak up and speak out.
- ▶ The need for parents to teach their children sexual education and teach them to speak out every time they feel violated.





PREVENTING AND RESPONDING TO GENDER BASED VIOLENCE (GBV)

- Gender based violence is widespread in Cameroon and especially in almost all towns and villages in the North West and South west regions because of the ongoing Anglophone sociopolitical crisis. There has been overwhelming evidence that women and girls are increasingly affected by GBV. The situation has escalated with the advent of Covid19 pandemic.
- MOHCAM was privileged to participate and co facilitate a workshop organized by the Alumni Engagement Innovation Fund (AEIF) and the US Embassy in Cameroon which they are members on September 1, 2022. This workshop had as objective;
- To train participants on how to provide psychosocial support and the use of the various referral pathways.





SEXUAL REPRODUCTIVE HEALTH RIGHTS (SRHR)

- ▶ MOHCAM participated in the launching ceremony of the free screening campaign against HIV/AIDS on 5th February, 2022, With theme "let us work for a peaceful world without HIV/ AIDs" , organized by AISS in partnership with the ministry of public health.
- ▶ This campaign targeted IDPs who are more vulnerable and expose to venereal diseases, due to theirs low economic and social status in fragile settings and environments.
- ▶ They were briefed on the history, transmission and prevent methodologies of HIV/AIDS .
- ▶ All IDPs and invited guest were test for HIV/AIDS.
- ▶ MOHCAM was filled with gratitude to AISS for the opportunity to participate in this campaign and also to mobilize persons in need.





MENSTRUAL HYGIENE MANAGEMENT (MHM)

- ▶ MOHCAM carried out an activity to commemorate World Menstrual Hygiene Day in the South West Region of Cameroon specifically in Michael Wengem Nursery, Primary and Secondary school with 100 girls and administrative staff involved.
- ▶ They were educated on breaking menstrual stigma and myths, being comfortable in discussing their menstrual health and worries.
- ▶ MOHCAM carried out a Red Dot Campaign at Enrichetta Comprehensive High School Mukunda Limbe. The session was aimed at providing the girls and boys with a basic understanding of the process that leads to the involuntary flow of blood from the female reproductive system and how to calculate the menstrual circle
- ▶ MOHCAM also donated sanitary pads.
- ▶ MOHCAM in partnership with RUBGWA, VIP Women and ANPPCAN donated sanitary pads to 500 vulnerable young girls in St Pauls College Nkwen Bamenda and Gushan Secondary and High School Mankon .
- ▶ Girls and boys were educated on key concepts including menstruation, menstrual hygiene, effects of menstrual products on the environment.





COUNTERING SEXUAL VIOLENCE TARGETING TEENAGE MOTHERS

Pregnant adolescent girls and mothers, living in conflict regions experience many physical, psychological, mental and social challenges. Therefore it is necessary that special attention, care and support is made available for them. Early motherhood has significantly affected not only adolescent girls but also schools and communities.

Transitioning to motherhood needs physical, psychological, social and cognitive preparedness but teenage mothers are not ready to become mothers and as such they have to adapt to adulthood, social roles, physical changes of puberty etc.

MOHCAM in a bid to close 2022, celebrated the season with 50 teenage mothers and pregnant girls. The working session which was celebrated on Dec 22, 2022 under the theme: Protection and response to end sexual gender based violence against pregnant and teenage mothers living in conflict affected North West.

- ▶ The workshop focus was on breaking the Stigma Surrounding pregnant adolescent and teenage mothers living in fragile setting had the following to explore.
- ▶ The workshop carried out presentations surrounding, deep reflections and conversations on gender based violence, sexual violence, sexual reproductive health rights, HIV/AIDs , girls education and early marriages and trauma healing.





EDUCATION

- ▶ MOHCAM and her partners APDEL and IHRDA under the sponsorship of the European Union, donated school supplies to 160 IDP children and four community schools within 9 communities in Bamenda under the RIPDI Project on January 4, 2022
- ▶ The activity was also geared at Promoting social cohesion and peaceful coexistence between host communities and Internally displaced persons living within these communities





- ▶ “Education is the most powerful weapon which you can use to change the world.” Nelson Mandela.
- ▶ In response to the RIPDI Project, MOHCAM and her partners donated and delivered 20 benches to two vulnerable community schools on January 11, 2022. The Good Samaritan Community Nursery and Primary school in Mankon and the Islamic Nursery and Primary School in Old Town.
- ▶ We hope the children will become the future of tomorrow despite the fact that they live and face the ongoing predicaments of the ongoing crisis in the region. We continue to add our little contributions for a better world for all children.
- ▶ Education is the first step for people to gain the knowledge, critical thinking, empowerment and skills they need to make this world a better place.
- ▶ We envisage young people having access to education and information and having an equal say in their schools, families and communities. We want young people to live in the world where they realize their potential as community members and change makers.
- ▶ We are grateful to the EU and our partners for the support.



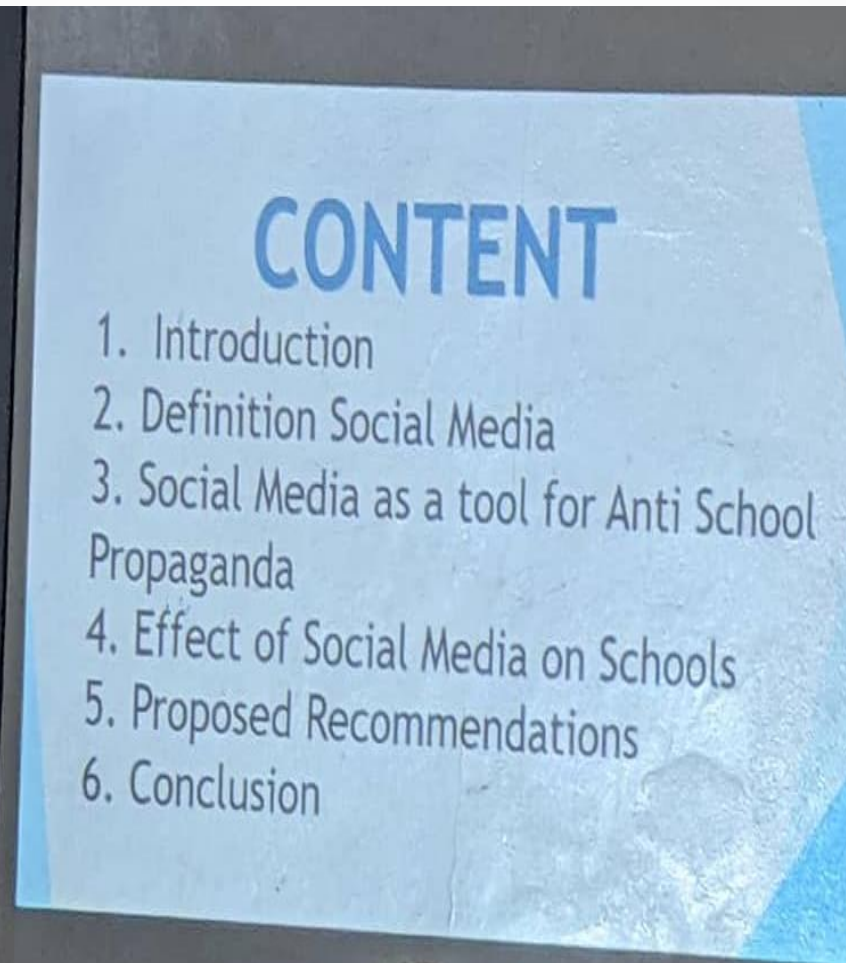


BACK TO SCHOOL ADVOCACY



- ▶ MOHCAM on October 10, 2022 joined the ongoing advocacy with the Cameroon Education for All Network (CEFAN) to scale up the return of learners into formal classrooms within the context of the ongoing crises in the North West and South West Regions of the Country.
- ▶ The theme of the Workshop which was; “Back to School: A cry at heart for more children to formal education classrooms,” aimed at building the capacity of stakeholders towards positive activism to scale up school resumption and encourage more girls to return back to school to reduce the rate of teenage dropout and teenage pregnancies.
- ▶ MOHCAM did a presentation on the topic; “ Mitigation social media Anti-school propaganda,” which exposed participants to the importance and use of positive communication and how to use the social media. Why education should not wait and how to effectively mitigate social media anti-school propaganda in schools and communities.

MITIGATING SOCIAL MEDIA ANTI SCHOOL PROPAGANDA



MenEngage Activities in Schools



MenEngage Community Engagement

Engaging Men and Boys in Transforming Discriminatory Social Norms in Building Resilient Communities focuses on empowering men and boys on the core values and strategies to understand toxic and positive masculinity to prevent discriminatory social norms, which affects gender justice. Increase impact and expand community's action to address the needs, rebuild conflicting settings, and advance the rights of men and boys in all diversity through community dialogue structures.





PEACEBUILDING

Implementation of the UNSCR 2250/1325

- ▶ As a follow up activity of the stakeholder validation on the Implementation of the YPS agenda in Cameroon, MOHCAM and other UNOY members organized a three days advocacy training workshop on YPS and the UNSCR2250 with 15 young people from member and non member organizations working on YPS in Cameroon on the 25th -27th of July 2022 in Yaoundé.
- ▶ The objective of the training was to strengthen and sharpen the advocacy skills and techniques of young activists in the domain of YPS in a bid to accelerate the achievement of the National action Plan for youth peace and security agenda and promote the localization of the agenda in Cameroon
- ▶ MOHCAM was also involved in a training aimed at localizing the UN security council resolution UNSCR 2250 on youth peace and security. A working session was held in Yaoundé with other member organizations of UNOY like Denis Miki foundation, Local Youth Corner Cameroon and MOHCAM who were in participation.
- ▶ The focus of the training was on localizing the Women/youth Peace security agenda 1325



BASELINE STUDY ON THE IMPLEMENTATION OF THE YOUTH PEACE AND SECURITY AGENDA IN CAMEROON



November 2022



www.unoy.org/downloads/baseline-study-cameroon

“
What guides
YPS
implementation
in
Cameroon?”

UNOY MEMBER ORGANISATIONS/IMPLEMENTING PARTNERS



Mother of Hope Cameroon:
MOHCAM promotes, empowers, advocates for the rights of women and youths in building sustainable peace and development in homes, schools, and communities
Website: <http://www.mohcam.org/>
Email: mohcamngo@gmail.com



Local Youth Corner Cameroon:
LOYOC promotes the empowerment of young people aged 15 to 35 (males and females) in the domain of peacebuilding, preventing and countering violent extremism and sustainable development.
Website: www.loyocameroon.org
Email: info@loyocameroon.org



Positive Peace Group:
The Positive Peace Group (PPG) is an organisations for the prevention of violence and promotion of peace, protection gender, human and minority rights, fighting corruption, environmental protection, and health development especially among Cameroonian and African youths, women and children.
Website: www.positivepeacegroup.org
Email: info@positivepeacegroup.org



Community Centre for Integrated Development:
CCID's vision is to build resilient communities in Africa capable of: Advancing the rights and empowerment of women and girls, Empowering individuals, and groups to become community change agents, Promoting Health, Education and Human rights for all people.
Website: <http://comuceid.org/>
Email: info@comuceid.org



Denis Miki Foundation:
DMF is women- youth led sustainable development, human rights, humanitarian assistance, peace and entrepreneurial organisation with unique development focus
Website: [Denis Miki Foundation - DMF | Facebook](http://denismikifoundation.org)
Email: contact@denismikifoundation.org



YOUTH PEACE AND SECURITY AGENDA IN CAMEROON (YPS AGENDA)

- ▶ Being a member of the United Network of Young Peace builders in Cameroon, MOHCAM organized a one day stakeholder validation workshop in partnership with other members organizations; LOYOC,PPG ,DMF and CCID and funded by UNOY on the 21st of June 2022 in Yaoundé. The workshop had the objective of presenting the preliminary findings of a baseline study conducted on the implementation of the Youth, Peace and security agenda in Cameroon, capturing the journey, identified gaps and recommendations
- ▶ The workshop brought together, youth led organizations working on the YPS agenda in the center region, representatives of embassies, key ministries such as MINJEC, MINCOM and UN agencies working around the YPS journey.





HUMANITARIAN RESPONSE

MOHCAM in collaboration with IOM, UNESCO and PBF worked with Internally Displaced Persons (IDP) carried out humanitarian response projects in the west region (Mbouda), with the objective of strengthening the integration and financial capacities of Internally displaced young men and women in the municipal council areas of Mbouda.

- ▶ On December 14, 2022, MOHCAM carried out a sensitization and awareness raising campaign with 105 IDPs at the Mbouda Municipal council on the availability of community and financial services in the municipality. This was also a strategy to promote social cohesion and promote peace between the host community and IDPS.
- ▶ They also had a conversations surrounding GBV, human rights, hate speech skills and wealth creation. This was to amplify and factor the concerns and plights of internally displaced persons in policy and increase the advocacy on the protection and inclusion of internally displaced persons in the municipality of Mbouda





COLLABORATION WITH IOM-UN International Organization of Migration

Internally Displaced Persons from the ongoing conflict of the North West and South West are found everywhere. You enter any bush you will see an Anglophone. In some places there are about six to seven of them in one room (An affirmation for an IDP). In our going activities with the provision of protection and enhancing a sustainable peaceful coexistence of IDPs, Mohcam was part of the evaluation Workshop in Manjo. As an implementing local partner organization of the Peacebuilding Fund (PBF) and Gender Youth Peace Initiative (GYPI) under the supervision of UN Migration (OIM) and UNESCO of the Project titled "Strengthening Sustainable Peaceful Coexistence and Empowerment of Displaced Youth in the Municipalities of West and Littoral Regions". The project seeks to address employment problems, legal identity problems, gender based violence and migration boarder line issues.





- ▶ MOHCAM was also privileged to be part of a workshop on October 06th and 07th, 2022 organized by the Norwegian Refugee Council (NRC) and BUNEC which had as objective to build the capacity of humanitarian actors on the legal Framework involved in Establishing, Follow up and Production of Statistics. The training was aimed at enhancing knowledge on the legal framework governing the civil status registry in Cameroon.
- ▶ Knowledge was gained on civil status processes and its importance to individuals, institutions and for the state. Information was also gained mechanisms and modalities of collaboration and an open collaboration for a liable and efficient civil status system was developed amongst actors.





WORLD HUMANITARIAN DAY

- ▶ MOHCAM joined the humanitarian community on August 19, 2022 to commemorate the World Humanitarian Day under the theme; “ It Takes a Village as they joined in remembering fellow humanitarians who lost their lives in humanitarian service
- ▶ They also took out time to honor the thousands of aid workers who continue to provide the much needed support to people suffering from conflict or natural disaster across the globe.



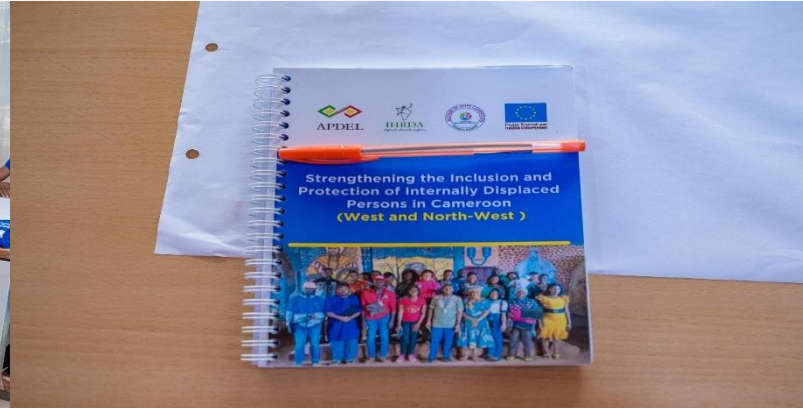
Celebrating World Humanitarian Day



PROJECT EVALUATION

- ▶ MOHCAM had an evaluation workshop on October 18, 2022 with community social cohesion committees and community mobilizers of Bamenda I, II & III on strengthening the protection and social cohesion of IDPs in the North West and West Regions with APDEL Cameroun and the institute of human rights and development in Africa.
- ▶ The workshop was a strategy to get community focal persons to self evaluate the interventions and commitment of the activities carried out in the host community and IDP communities.
- ▶ It was a participatory session which allowed for participants to discuss challenges faced and propose a way forward/recommendations raised for the better implementation of the activities of the project in the communities.





SKILL DEVELOPMENT AND EMPOWERMENT

- ▶ MOHCAM was privileged to be part of the training of trainers organized by UNWOMEN and BONET with the objective to train community volunteers and mentors to support, guide and serve as role models for women and young girls.
- ▶ The workshop impacted participants with knowledge on the framework for proper orientation and capacity strengthening on how to coach and mentor vulnerable women and girls within the community.
- ▶ Participants were impacted with skills on;
- ▶ Successful mentorship, stages in mentoring relationships, design on effective volunteerism and mentorship strategy for women and girls, the benefits of mentorship to women and girls the best practices of mentorship.





MOHCAM'S PARTICIPATION IN INTERNATIONAL FORA

- MOHCAM's Program Director who doubles as the HER VOICE Fund Ambassador for Cameroon attended the International Conference on HIV/AIDS in Montreal-Canada from the 29th of July to the 2nd of August 2022.
- She was a speaker at two sessions sharing the experiences on what it means to be a young female leader and representing the voices Adolescent Girls and Young Women while also sharing the work which MOHCAM does in enhancing the SRHR of underprivileged girls in rural communities in the North West Region.



- ▶ MOHCAM was also represented in the Sexual Violence Initiative Forum by her Programs Director which took place in Cancun-Mexico from the 19th -23rd of September 2022.
- ▶ On the 10th and 11th of October 2022, MOHCAM was present at the High Level Meeting on Championing the Priorities of Women and Girls in the HIV/SRHR Response organized by UN Women in Dar es Salaam in Tanzania.





Forum De Bamako Mali



CHOGM 2022-RWANDA



RECOGNITION

- ▶ MOHCAM's Executive Director was recognized by the UK Embassy and Foreign Commonwealth Office and an awardee of The International Program (ILP)
- ▶ She was also recognized by the Merridian Center as a visionary humanitarian creating impact for underprivileged girls and internally displaced persons through MOHCAM



ADAH MBAH MUYANG

IVLP Impact Award Project Title: Strengthening Protection & Psychosocial Support of Internally Displaced Persons from Human Trafficking in Cameroon



CHALLENGES

- ▶ The insecurity caused by the ongoing crisis in the North West Region of Cameroon caused difficult penetration into some rural areas and a distortion of the smooth running of activities.
- ▶ Limited Financial availability to reach out to more vulnerable persons.
- ▶ Inadequate collaboration from local, national and international partners.
- ▶ Limited resources.



RECOMMENDATIONS

- ▶ Provision of more advocacy and sensitization programs against Gender Based Violence, Positive Masculinity and Sexual Reproductive Health of young girls and boys.
- ▶ Open more safe spaces for young girls and boys who are victims of Gender Based Violence to enhance psychosocial support.
- ▶ More collaboration and partnership with local, national and international organizations should be encouraged.



CONCLUSION

Despite the challenges faced, MOHCAM registered tremendous success in 2022 and was able to push through with her activities. MOHCAM created lasting impact in the lives of beneficiaries, within the North West, South West and the West Regions of Cameroon. We wish to thank all our partners/ collaborators for their financial and technical support. We made it because you were part of this journey with us. We are grateful. Stronger Together



PROJECTIONS FOR 2023

- ▶ Create lasting impact through skill development with, IDPS vulnerable women, youths and adolescent girls.
- ▶ Direct enough resources towards awareness raising on gender based violence (GBV) and Sexual Reproductive health rights (SRHR). Prevention and Response of GBV
- ▶ Continue advocacy on education in the North West and south West Region.
- ▶ Strengthening collaboration to promote peace and security
- ▶ Establishment of a counselling unit, safe and shelter home for saviors of the crisis.



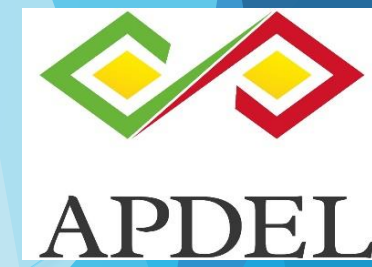
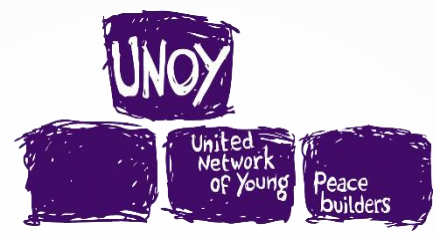


MOHCAM TEAM





Partners



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<https://www.facebook.com/motherofhopecameroon/>

<https://www.linkedin.com/in/mother-of-hope-cameroon-83307091/>

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